DietCloud – Recipe

Recipe Name: Lahori Aloo Recipe
Diet Type:
Course: Lunch
Cuisine: Pakistani
Quantity:



Ingredients

Ingredient	Quantity
• 500 grams small potatoes	4
• 2 tablespoons oil	
• 2 teaspoons ginger garlic paste	
• salt - as per taste	
• 3/4 cup milk	
• coriander leaves - for garnish	
• 1 onion - grated	
• 3 bay leaves	
• 4 tomatoes - puree	
• 1 tablespoon oil	
• 4 dry red chillies	
• 2 tablespoon coriander seeds	
• 1 tablespoon cumin seeds	
• 4 long	
• 1 tablespoon poppy seeds	
• 1 tablespoon fennel	
• 1 inch lentil sugar	
• 5 dry red chilies	
• 2 tablespoons Dry Coconut - Tighten	

Preparation

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Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)