DietCloud – Recipe

Recipe Name: One Pot Spinach Macaroni Pasta Recipe

Diet Type:

Course: Dinner

Cuisine: Italian Recipes

Quantity:



Ingredients

Ingredient	Quantity
• 2 cups Macaroni pasta	2
• 1-1/2 cup Spinach - tightly packed	
• 1/2 teaspoon Sunflower Oil	
• 3/4 cup Parmesan cheese	
• 1/2 cup Milk	
• 3 tablespoon Butter	
• 1 tablespoon Black pepper powder	
• Salt - to taste	

Preparation

• To begin with One Pot Spinach Macaroni, cook macaroni as per the packet instructions in a saucepan.
• Once cooked, drain the water from the macaroni.
• Into the same pot add butter and mix well.

• Add milk, salt and pepper powder and mix again.
• Finally, add cheese stir and turn off the flame.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)