DietCloud – Recipe

Recipe Name: Sweet & Spicy Totapuri Mango Chutney Recipe

Diet Type:

Course: Side Dish

Cuisine: Indian

Quantity:



Ingredients

Ingredient	Quantity
• 250 grams Mango (Raw) - totapuri	10
• 400 grams Jaggery - grated	
• 2 tablespoons Kashmiri Red Chilli Powder	
• 2 tablespoons Cumin seeds (Jeera)	
• Salt - to taste	

Preparation

• Peel the mango and roughly chop into small pieces.

• Store the Sweet & Spicy Totapuri Mango Chutney Recipe in a sterilized bottle, in a dry place.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)