DietCloud – Recipe

Recipe Name: Zucchini Lasagna Recipe

Diet Type:

Course: Dinner

Cuisine: Italian Recipes

Quantity:



Ingredients

Ingredient	Quantity
	4

Preparation

• To begin with the Zucchini Lasagna Recipe first, arrange zucchini slices on a colander and sprinkle some salt and leave it free for 30 minutes.

• Now add pasta sauce and stir the mixture for about 3 minutes.

• Add the cottage cheese, salt, black pepper, oregano, basil and cook for another 2 minutes.

• Now in another skillet heat some oil and add the zucchinis to it.

• Let them cook till they turn brown on both the sides.

• Garnish it with the chopped basil and serve them hot.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)