DietCloud – Recipe

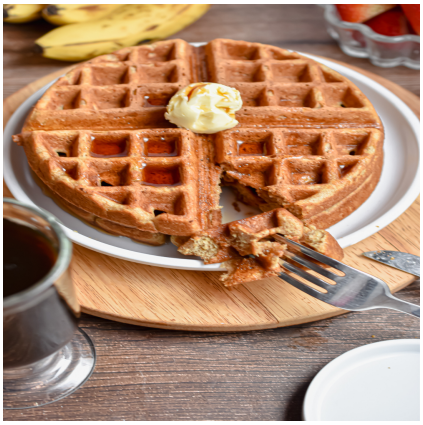
Recipe Name: Whole Wheat Buttermilk Vanilla Waffles Recipe

Diet Type:

Course: World Breakfast

Cuisine: Continental

Quantity:



Ingredients

Ingredient	Quantity
	4

Preparation

• To begin making the Whole Wheat Buttermilk Vanilla Waffles Recipe, stir together the wheat flour, baking powder and salt.
• Add eggs (or the flax eggs), yogurt, vanilla extract, and oil and whisk until well blended.
• You should have a thick batter that coats well on the back of a spoon.
• Pour a ladleful of batter into the waffle maker and cook until the waffles are browned and crisp.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)