DietCloud – Recipe

Recipe Name: Chinese Darsaan Recipe With Ice Cream

Diet Type:

Course: Dessert

Cuisine: Chinese

Quantity:



Ingredients

Ingredient	Quantity
• 1 tablespoon Sunflower Oil • All Purpose Flour (Maida) • 1/4 teaspoon Baking powder • Water - to make the dough • Sunflower Oil - to deep fry • 2 tablespoons Honey • 2 tablespoon Sugar • 1 tablespoon Sesame seeds (Til seeds) - white • 2 tablespoons Water • 1/2 teaspoon Vanilla Extract	4

Preparation

• To begin making the Chinese Darsaan Recipe With Ice Cream, we will first make the dough for the honey tossed flat noodles.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
420	6	60	20	2	40