

Recipe Name: Cheesy Garlic Broccoli Nuggets Recipe

Diet Type:

Course: Snack

Cuisine: Indian

Quantity:



Ingredients

Ingredient	Quantity
• 1-1/2 cups Broccoli - florets	6
• 1/2 cup Mozzarella cheese	
• 1 tablespoon Nutralite Cheesy Garlic Mayo	
• 2 tablespoons Corn flour	
• 1/4 cup Whole Wheat Bread crumbs	
• Salt - to taste	
• Nutralite Garlic & Oregano Spread - for pan roasting	

Preparation

• To begin making Cheesy Garlic Broccoli Nuggets Recipe, firstly wash and then finely chop the broccoli florets.

• Once it softens, a.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
320	15	20	18	5	2