

Recipe Name: Shanghai Style Chap Nian Gao Recipes
(Stir Fried Rice Cakes Recipes)

Diet Type:

Course: One Pot Dish

Cuisine: Chinese

Quantity:



Ingredients

Ingredient	Quantity
• 1 cup Rice flour	4
• Salt - to taste	
• Sunflower Oil - for cooking	
• 1 Bok Choy - sliced	
• 1 Carrot (Gajjar) - thinly sliced	
• 1/2 cup Cabbage (Patta Gobi/ Muttaiakose)	
• 1/2 cup Button mushrooms - quartered	
• 2 tablespoons Corn flour	
• 1 tablespoon Dark soy sauce	
• 1 tablespoon Bean Paste	
• 1 teaspoon Red Chilli sauce	
• 1 teaspoon Sugar	
• Sunflower Oil - for cooking	
• Salt - to taste	

Preparation

- Mix thoroughly and make it into a sticky paste.
- Cover the bowl with.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
550	15	70	20	2	5