

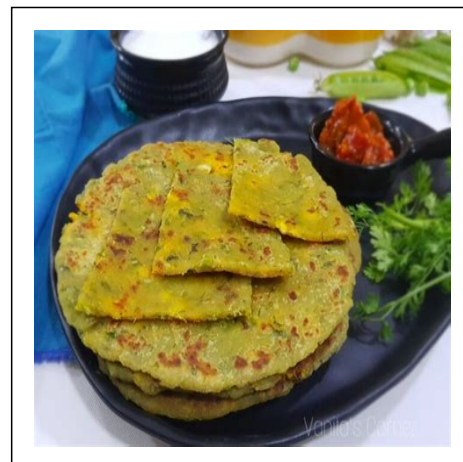
Recipe Name: Paneer and Green Peas Paratha Recipe -
Paneer and Green Peas Paratha Recipe

Diet Type: Vegetarian

Course: North Indian Breakfast

Cuisine: North Indian Recipes

Quantity:



Ingredients

Ingredient	Quantity
• 1/2 cup green peas - make paste	4
• 1 cup cheese - crumble	
• cut 1 inch ginger - 1 green chili - chopped	
• 1 tsp turmeric powder	
• 2 tsp red chili powder	
• 1 tsp mango powder Powder	
• 1 tsp coriander powder	
• salt - according to taste	
• 1 cup wheat flour	
• salt - according to taste	
• oil - according to use	
• water - lukewarm	

Preparation

- To make paneer and green pea paratha recipe, prepare all the ingredients first.
- To make paratha flour: Now add wheat flour, salt, oil and mix in a bowl.
- Add a little water and knead the dough.
- Cover and keep aside.
- To make the masala: Heat the oil in a pa.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
320	15	40	12	4	5