

Recipe Name: Mukhadi Halwa Recipe (Semolina & All Purpose Flour Halwa)

Diet Type:

Course: Dessert

Cuisine: North Indian Recipes

Quantity:



Ingredients

Ingredient	Quantity
• 1 cup Sooji (Semolina/ Rava)	6
• 3 tablespoons All Purpose Flour (Maida)	
• 1 cup Milk - +1/3 cup extra	
• 1 cup Sugar	
• 3/4 cup Ghee	

Preparation

- To begin making the Mukhadi Halwa recipe, remove 3 table spoons of semolina from one cup of semolina.
- and replace it with 3 tablespoons of all purpose flour.
- Whisk them together and set aside while you begin to.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
420	10	60	20	2	30