

Recipe Name: Carrot Corn Mayo Pancake Recipe With Sandwich Spread

Diet Type:

Course: World Breakfast

Cuisine: Continental

Quantity:



Ingredients

Ingredient	Quantity
• 2 Carrot (Gajjar) - peeled and grated	4
• 3/4 cup Sweet corn - blanched	
• 1 cup Whole Wheat Flour	
• 1 Onion - finely chopped	
• 5 tablespoons Del Monte Sandwich Spread	
• 1/4 cup Coriander (Dhania) Leaves - finely chopped	
• 1/3 cup Curd (Dahi / Yogurt) - whisked	
• 3 Whole Eggs	
• 1 teaspoon Baking powder	
• 1/4 teaspoon Baking soda	
• 1 Green Chillies - finely chopped	
• Butter - as required	
• Salt - to taste	
• Black pepper powder - to taste	

Preparation

- Combine very well until creamy.
- Stir in the gr.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
320	10	40	15	2	5