

Recipe Name: PF Chang's Style Crispy Chicken Lettuce Wraps Recipe

Diet Type: Non-Vegetarian

Course: Appetizer

Cuisine: Asian

Quantity:



Ingredients

Ingredient	Quantity
• 1 Iceberg lettuce	4
• 1 Chicken breasts - cut into 1 cm cubes	
• 2 teaspoons Sunflower Oil	
• Salt - to taste	
• 1 teaspoon Black pepper powder	
• 2 teaspoons Garlic - finely chopped	
• 1/4 cup Button mushrooms - finely chopped	
• 1/4 cup Spring Onion (Bulb & Greens) - finely chopped	
• 1 teaspoon Chilli vinegar	
• 1 teaspoon Soy sauce	
• 1 teaspoon Red Chilli sauce	
• 1 teaspoon Sweet and Spicy Red Chilli Sauce (Tomato Chilli Sauce)	

Preparation

- Keep aside.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
540	37	24	34	4	8