

Recipe Name: North Indian Feni Recipe - Sevaiyan Kheer
Diet Type:
Course: Dessert
Cuisine: North Indian Recipes
Quantity:



Ingredients

Ingredient	Quantity
• 100 grams Phení - or one roll	4
• 300 ml Milk	
• 1/4 cup Sugar	
• 1 tablespoon Ghee	
• 2 tablespoons Cashew nuts	
• 2 tablespoons Raisins	
• 2 tablespoons Almond Meal (Badam Powder)	

Preparation

- Lower the heat and simmer for 5 to 10 minutes till it thickens a little.
- Once the.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
350	10	60	15	2	30