

Recipe Name: Bengali Langcha Recipe With Mawa

Diet Type:

Course: Dessert

Cuisine: Bengali Recipes

Quantity:



Ingredients

Ingredient	Quantity
• 1/2 cup Milk	4
• 1 tablespoon Sooji (Semolina/ Rava)	
• 1 cup Milk Powder	
• 1/2 cup All Purpose Flour (Maida)	
• 1/8 teaspoon Baking soda	
• 1 tablespoon Caster Sugar	
• 2 cups Sugar	
• 2-1/2 cups Water	
• 1 teaspoon Cardamom Powder (Elaichi)	
• 1 teaspoon Pistachios - chopped	
• Ghee - or Vegetable oil	

Preparation

• Making dough for langcha: To begin making Bengali Langcha Recipe With Mawa, first start by making dough for langcha.

• Co.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
420	10	55	25	2	35