



Recipe Name: Classic Grilled Tomato Cucumber Chutney Sandwich Recipe

Diet Type:

Course: Snack

Cuisine: Indian

Quantity:



Ingredients

Ingredient	Quantity
• 8 Whole Wheat Brown Bread	4
• 2 Tomatoes - sliced thin into rounds	
• 1 Cucumber - peeled and sliced into thin rounds	
• Salt - to sprinkle	
• Black pepper powder - to sprinkle	
• Chaat Masala Powder - to sprinkle	
• 2 tablespoons Butter	
• 4 tablespoons Green Chutney (Coriander & Mint)	
• 4 tablespoons Tomato Ketchup	

Preparation

- To begin making the Classic Tomato Cucumber Chutney Sandwich with Chutney Recipe, arrange two slices of bread next to each other.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
320	10	40	12	4	8