

Recipe Name: Raw Mango Murabba Recipe - Cinnamon Spiced Mango Jam

Diet Type:

Course: Side Dish

Cuisine: Indian

Quantity:



Ingredients

Ingredient	Quantity
• 2 Mango (Ripe) - peeled and cut	4
• 1 cup Sugar	
• 1 teaspoon Saffron strands	
• 1/4 teaspoon Cinnamon Powder (Dalchini)	

Preparation

- To begin making Raw Mango Murabba Recipe, peel the mangoes and cut the in cubes and set aside.
- In a saucepan, add the sugar & 1/2 cup water and make a thin syrup.
- Once the syrup starts boiling, add the mango cubes, add the saffron strands & cinnamon powder,.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
120	0.5	30	0.5	2	25