

Recipe Name: Mushroom Dumpling Recipe With Potatoes (Momos)
Diet Type: Vegetarian
Course: Snack
Cuisine: Asian
Quantity:



Ingredients

Ingredient	Quantity
• 200 grams Button mushrooms - finely chopped	4
• 1 Potato (Aloo) - boiled and mashed	
• 1 Onion - finely chopped	
• 1 Green Chilli - finely chopped	
• 1 inch Ginger - grated	
• Salt - to taste	
• 1 teaspoon Sunflower Oil	
• 1 cup All Purpose Flour (Maida)	

Preparation

- To begin making the Mushroom Dumpling Recipe, we will first make the dough.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
350	12	45	15	4	2