

Recipe Name: Aam Panna Pani Puri Recipe
Diet Type:
Course: Appetizer
Cuisine: North Indian Recipes
Quantity:



Ingredients

Ingredient	Quantity
• 18 Pani Puris	4
• 2 Potato (Aloo) - boiled	
• 1/4 cup Green Moong Sprouts - 1/4 cup green moong sprouts	
• Salt - to taste	
• 1 teaspoon Cumin powder (Jeera)	
• 1 teaspoon Chaat Masala Powder	
• 1/2 teaspoon Red Chilli powder	
• 1 Mango (Raw)	
• 10 Mint Leaves (Pudina)	
• 1 teaspoon Cumin powder (Jeera)	
• Black Salt (Kala Namak) - to taste	
• 1/2 teaspoon Black pepper powder	
• 2 tablespoons Sugar	

Preparation

- It has to be cooked until they become.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
120	2	30	2	1	20