

Recipe Name: Crispy Vegetable Tempura Recipe
Diet Type: Vegetarian
Course: Appetizer
Cuisine: Japanese
Quantity:



Ingredients

Ingredient	Quantity
• 4 Baby corn - cut lengthwise	4
• 1 Carrot (Gajjar) - sliced lengthwise	
• 1 cup Broccoli - cut into florets	
• 1 Red Bell pepper (Capsicum) - cut into wedges	
• 1/4 cup All Purpose Flour (Maida)	
• 1 Whole Egg	
• 1 teaspoon Baking powder	
• Salt and Pepper - to taste	
• Ice cubes	

Preparation

- To prepare the tempura batter, add maida, egg, salt and pepper and 1 cup water and start beating to form a thin batter.
- Add some ice cubes to the batter and keep i.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
540	10	60	24	4	6