



Recipe Name: Spinach And Tortellini Soup Recipe

Diet Type:

Course: Side Dish

Cuisine: Italian Recipes

Quantity:



Ingredients

Ingredient

Quantity

4

Preparation

- To begin making the Spinach And Tortellini Soup recipe, combine the plain flour, oregano, thyme, parsley, dry red chilli flakes, olive oil and salt in a deep bowl and knead into a firm dough using enough water.
- Cover with a wet muslin cloth and keep aside.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
420	25	40	20	4	8