

Recipe Name: Rava Chakli Recipe - Karnataka Style With Rava & Rice Flour

Diet Type:

Course: Snack

Cuisine: Karnataka

Quantity: 5-6 pieces



Ingredients

Ingredient	Quantity
• 1 cup Chiroti Rava	5
• 2 cups Rice flour	
• 1/2 teaspoon Cumin seeds (Jeera)	
• 1/2 teaspoon Ajwain (Carom seeds)	
• 1 teaspoon Asafoetida (hing)	
• 2 tablespoon Butter	
• Salt - to taste	
• Sunflower Oil - to cook	

Preparation

- To begin making the Rava Chakli Recipe, take water in a pan and allow it to boil, add salt to this and mix well.
- Add chiroti rava to boiling water.
- Mix well to form lump free mixture similar to the uppittu.
- Switch off the flame and then add rice flour, jee.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
320	6	45	14	2	1