

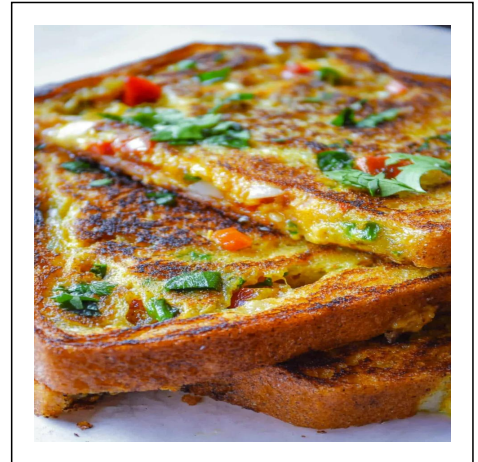
Recipe Name: Quick Masala French Toast Recipe

Diet Type:

Course: World Breakfast

Cuisine: Continental

Quantity: 2 slices



Ingredients

Ingredient	Quantity
• 3 Whole Wheat Brown Bread	2
• 4 Whole Eggs	
• Sunflower Oil - or butter as required	
• 2 tablespoons Milk	
• 1 tablespoon Red Chilli flakes	
• Salt - as per your taste	
• 3 sprig Coriander (Dhania) Leaves - finely chopped	
• 1/4 tablespoon Black pepper powder	
• 1 Onion - finely chopped	
• 2 to 3 Green Chillies - finely chopped	

Preparation

- To begin making the Quick Masala French Toast recipe, beat the eggs in a mixing bowl.
- Add milk, beat it again and make sure that it is mixed properly.
- Add chilli flakes, salt and black pepper.
- Once it is done, heat oil in a wide pan.
- Take a bread slice, dip.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
320	12	40	14	2	16