

Recipe Name: Dharwad Peda Recipe
Diet Type:
Course: Dessert
Cuisine: North Karnataka
Quantity: 2 pieces



Ingredients

Ingredient	Quantity
• 2 liter Milk	4
• 2 cups Milk	
• 2 tablespoon Lemon juice - or curd	
• 6 tablespoon Ghee	
• 3/4 cup Sugar	
• 5 tablespoon Sugar - for dusting	

Preparation

- To begin making the Dharwad Peda Recipe, heat milk in a saucepan on a medium heat.
- Once it comes to a boil add the lemon juice and mix till the milk curdles.
- You will have to separate the curdled cheese from the whey, so drain it over a muslin cloth or a s.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
220	4	30	12	0	20