

Recipe Name: Spiced Whole Wheat Carrot Cake Recipe
Diet Type:
Course: Snack
Cuisine: Continental
Quantity: 1 slice



Ingredients

Ingredient	Quantity
• 2 cups Whole Wheat Flour	4
• 2 teaspoons Cinnamon Powder (Dalchini)	
• 1 teaspoon Dry ginger powder	
• 1/2 teaspoon Salt	
• 2 teaspoons Baking powder	
• 1 cup Sugar	
• 1/2 cup Nutralite Classic Spread	
• 3 Whole Eggs	
• 1/4 cup Milk	
• 2 cups Carrots (Gajjar) - grated	
• 1/4 cup Walnuts - chopped	
• 2 tablespoons Icing Sugar - for dusting	

Preparation

- Grease and flour a 9-inch springform pan or a bread loaf pan or a Bundt pan.
- Keep aside.
- Mix the flour, baking powder, salt, cinnamon, ginger and keep aside.
- In a large bowl or th.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
320	4	45	16	3	25