

Recipe Name: Rosemary And Thyme Chicken Recipe
Diet Type: Non-Vegetarian
Course: Dinner
Cuisine: Continental
Quantity: 1 serving



Ingredients

Ingredient	Quantity
• 2 Chicken breasts	2
• 2 tablespoon Rosemary	
• 2 tablespoon Fresh Thyme leaves - or dried	
• 4 cloves Garlic - minced	
• 2 tablespoon Lemon juice	
• 1 tablespoon Honey	
• 4 tablespoon Extra Virgin Olive Oil	
• 2 tablespoon Lemon zest	
• 1/2 tablespoon Black pepper powder	
• 5 Lemon wedges	

Preparation

- Cover the bowl with a pl.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
420	37	6	24	2	1