



Recipe Name: Apple Tart with Puff Pastry Recipe (Open Pie)

Diet Type:

Course: Dessert

Cuisine: Continental

Quantity: 1 serving



Ingredients

Ingredient	Quantity
• 1 Puff Pastry Sheet	4
• 1 Apple - sliced	
• 1/4 teaspoon Cinnamon Powder (Dalchini)	
• 1/3 cup Brown Sugar (Demerara Sugar)	

Preparation

- We begin making the Apple Tart with Puff Pastry Recipe (Open Pie) by preheating your oven to 200 C.
- Line up the baking tray with parchment paper.
- Clean and remove the core from the apple and slice the apple thin.
- Stir in the cinnamon powder and brown sugar.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
250	3	30	14	2	10