



Recipe Name: Banana Digestive Pudding Recipe With Pistachios

Diet Type:

Course: World Breakfast

Cuisine: Continental

Quantity: 1 bowl



Ingredients

Ingredient	Quantity
• 2 Ripe Bananas - mashed	2
• 1 cup Hung Curd (Greek Yogurt)	
• 2 tablespoons Honey	
• 4 Multigrain Digestive Oat Biscuits	
• 2 tablespoons Pistachios - chopped	

Preparation

- To begin making Banana Digestive Pudding Recipe With Pistachios, combine the mashed bananas, hung curd and honey in a bowl.
- Next spoon the banana pudding on top of the cookie crumbles and add chopped pistachio nuts on the top.
- Refrigerate for two hours before serving the Banana Digestive Pudding Recipe With Pistachios.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
250	6	40	10	4	15