

Recipe Name: Kiwi Guava Spritzer Recipe

Diet Type:

Course: Appetizer

Cuisine: Indian

Quantity:



Ingredients

Ingredient	Quantity
• 4 Guava - (pink variety) cut into cubes	6
• 2 Kiwi	
• 1 tablespoon Ginger - grated	
• 2 tablespoons Lemon juice	
• 1/4 cup Sugar	
• 3 cups Aerated water (Soda Water)	
• Mint Leaves (Pudina) - for garnish	

Preparation

- Place the guavas into a blender along with ginger and make a smooth puree out of it.
- Introduce the guava pulp back into the blender, add the kiwi cubes, lemon juice, sugar, 1/2 cup water and make a smooth mix.
- Just before serving divide the mix in equal part into 6 tall glasses to half, and fill the rest half with the aerated water.
- Garnish with mint leaves.
- It is ready to be served.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
-----------------	-------------	-----------	---------	-----------	-----------