

Recipe Name: Apple Burfi Recipe

Diet Type:

Course: Dessert

Cuisine: Indian

Quantity:



Ingredients

Ingredient	Quantity
• 2 Apples - grated	3
• 1 Fresh coconut - grated	
• 200 grams Condensed Milk	
• 1/2 cup Milk	
• 1 tablespoon Ghee	
• 1 tablespoon Raisins	
• 1 tablespoon Cashew nuts - chopped	
• Canned Cherries - a few to garnish	
• 1 teaspoon Cardamom Powder (Elaichi)	

Preparation

- Heat ghee in a pan.



Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
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