DietCloud – Recipe

Recipe Name: Spicy Kiwi Salsa Recipe with Feta Cheese

Diet Type:

Course: Side Dish

Cuisine: Mexican

Quantity:



Ingredients

Ingredient	Quantity
• 4 Kiwi - peeled and quartered	2
• 1 Onion - finely chopped	
• 4 sprig Parsley leaves	
• 1 teaspoon Tabasco Original - Hot Sauce	
• 1 teaspoon Honey	
• 1 tablespoon Lemon juice	
• Salt - to taste	
• 1/3 cup Feta Cheese - crumbled	

Preparation

• Check the salt and spice levels and adjust to suit your taste.

• Refrigerate this filling until you are ready to serve.

• You can even place them over crackers and serve them as canapes.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)