

Recipe Name: Dried Chole Recipe - Sukhe Chole Recipe

Diet Type:

Course: Lunch

Cuisine: Punjabi

Quantity:



Ingredients

Ingredient	Quantity
• 1 ?? ?????? ??? ?? ???? - ??? ?? ???? ?? ?? ???? ??	2
• ??? - ?????? ??????	
• 1 ????? ?????? ?????	
• 1/4 ????? ?????? ???? - ??????	
• 2 ????? ?????? ??? ?????? ??????	
• 2 ????? ?????? ??? ?????? ??????	
• 1/4 ????? ?????? ????? ?????	
• 2 ????? ?????? ?????? ??????	
• 1/4 ????? ?????? ?????? ??????	
• 1 ??? ?????? ?????? ??????	
• ??? - ?????? ????????	

Preparation

- ?????? ????? ?? ?????? ??.
- ????? ?????, ????? ??????? ?? ????? ?? ??? ?? ?? ??.
- ?? ?????? ????? ??????, ??? ?????? ??????, ?????? ??????, ?????? ??????, ?????? ??????, ?????? ??????,
??? ????? ?? 1 ????? ?? ??? ??? ??.

Macronutrients

Calories (kcal) Protein (g) Carbs (g) Fat (g) Fiber (g) Sugar (g)