

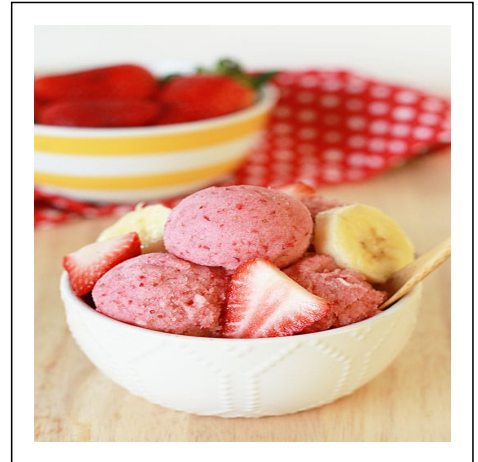
Recipe Name: Strawberry Banana Sorbet Recipe

Diet Type:

Course: Dessert

Cuisine: Continental

Quantity:



Ingredients

Ingredient	Quantity
	4

Preparation

- To begin making the Strawberry Banana Sorbet recipe, blend together all the frozen fruits and juices along with the sugar until you get a smooth puree.
- Check the sugar and adjust to suit your taste.
- Process strawberry and banana mixture in ice cream maker according to manufacturer's instructions.
- If you don't have an ice cream maker then place sorbet mixture in shallow freezer-proof glass container and freeze, stirring every hour until set, about 10 hours.
- Once the sorbet is frozen, you can make the sorbet 3 days ahead and cover and freeze into an airtight container.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
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