

Recipe Name: Grilled Tomato And Cheese Sandwich Recipe

Diet Type:

Course: Snack

Cuisine: Continental

Quantity:



Ingredients

Ingredient	Quantity
• 4 Whole Wheat Brown Bread	2
• 2 tablespoon Butter	
• 2 Tomatoes - sliced	
• 2 Cheese	
• Salt - to taste	
• Black pepper powder - to taste	
• Dried oregano - as required	

Preparation

- To begin making the Grilled Tomato and Cheese Sandwich Recipe by spreading the butter evenly on both the side of the bread.
- First place the bread on the sandwich toaster, then place the tomato, sprinkle the seasoning over it and place the cheese slice over it and then cover it.
- Toast the sandwich till you get grill marks over the bread.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)
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