DietCloud – Recipe

Recipe Name: Chickpea Potato Recipe - Chatpata Baby Potato (Recipe)

Diet Type:

Course: Lunch

Cuisine: North Indian Recipes

Quantity:



Ingredients

Ingredient	Quantity
• 12 small potatoes - boil and peel	4
• 1 tablespoon coriander seeds	
• 1 tablespoon cumin seeds	
• 1/2 tablespoon fennel seeds	
• 1/2 tablespoon whole pepper	
• 2 dry red chillies	
• oil - as per use	
• 1-1 / 2 tablespoons ginger garlic paste	
• 1-1 / 2 tablespoon tamarind paste	
• 1/4 tablespoon sugar	
• 3 tablespoons water	
• salt - as per taste	
• coriander leaves - as per use	

Preparation

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Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)