DietCloud – Recipe

Recipe Name: Biryani Chammanthi Recipe (Green Chutney Recipe)

Diet Type:

Course: Side Dish

Cuisine: Kerala Recipes

Quantity:



Ingredients

Ingredient	Quantity
• 1 cup Fresh coconut	4
• 6 sprig Coriander (Dhania) Leaves	
• 10 Mint Leaves (Pudina)	
• 2 Green Chillies	
• 4 cloves Garlic	
• 1 inch Ginger	
• 1 teaspoon Cumin seeds (Jeera)	
• 1 Lemon juice	
• Salt - to taste	

Preparation

• To begin making the Biryani Chammanthi Recipe, keep all the ingredients ready and add them into a grinder and grind it into a smooth paste.
• Once done add lemon juice and salt and mix well and serve.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)