DietCloud – Recipe

Recipe Name: French Toast Recipe With Oven Roasted Streaky Bacon

Diet Type:

Course: World Breakfast

Cuisine: French

Quantity:



Ingredients

Ingredient	Quantity
• 2 Whole Wheat Brown Bread	1
• 1 Whole Eggs	
• 1/4 cup Fresh cream	
• 1 tablespoon Milk	
• 1 teaspoon Sugar	
• 1 tablespoon Butter	
• 1/4 teaspoon Salt - (adjust)	
• Maple syrup - or honey	
• 4 Bacon strips	
• 1 Ripe Bananas	

Preparation

• To prepare French Toast Recipe With Oven Roasted Streaky Bacon, in a bowl, whisk egg, cream, milk, sugar and salt to form the custard mix.
• Heat a griddle/tawa.
• Pour the custard mix on a flat plate.
• Place the bread slice on the custard and let it sit for about 20 seconds, flip over and wait for another 20 seconds.
• Now heat butter in a pan.
• Place the bread slice soaked in milk-cream-egg mix and cook it on medium flame.
• Flip over and cook until both sides are toasted well and browned.
• Roast bacon strips in preheated oven for about 4 to 7 minutes at 150 degree centigrade.
• Place the French toast on serving plate.
• Drizzle maple syrup/honey.
• Place cut fruits on top and then top it with bacon.
• Serve French Toast Recipe immediately with Oven Roasted Streaky Bacon served with a tall glass of

fresh orange juice.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)