DietCloud – Recipe

Recipe Name: Watermelon Cucumber Gazpacho Recipe

Diet Type:

Course: Side Dish

Cuisine: European

Quantity:



Ingredients

Ingredient	Quantity
• 2 Tomatoes - roughly chopped • 2 cups Watermelon - fresh • 2 Cucumbers - peeled and diced • 1 Serrano Pepper - roughly chopped • 1 teaspoon Red Wine Vinaigrette • 1 tablespoon Extra Virgin Olive Oil - omit for cholestrol friendly • Salt and Pepper - to taste • sprig Basil leaves - for garnish	2

Preparation

• To begin making Watermelon And Cucumber Gazpacho, start by chopping watermelon, tomatoes and cucumber.

• You can also add more olive oil to bring out more flavors of the Watermelon Gazpacho.

• Garnish with olive oil, basil, chopped cucumber, crushed pepper and feta cheese.

Macronutrients

Calories (kcal)	Protein (g)	Carbs (g)	Fat (g)	Fiber (g)	Sugar (g)